



Indoor Rules

1. All leagues will be 8 v 8, 40 minutes running time.
2. Substitution will be made on the fly or any dead ball situation.
3. Off sides rule does NOT apply.
4. Goal keepers CANNOT pick the ball up on a pass back. Goalkeepers CANNOT throw or punt ball over midfield. They can kick ball over midfield if they are out of the box.
5. Goal kicks CANNOT go over midfield on the fly.
6. All out of bounds will be re-entered with an indirect kick (NO THROW INS).
7. All yellow cards are a two minute man down situation. Referee will signal when two minute penalty is up. Red cards will result in ejection and will required team to play a man down for duration of game.
8. Game schedule is very tight; please have teams ready to play with positions set prior to game. There is no time to warm-up on field before kickoff.
9. Game balls will be provided by either team.
10. Please have teams bring both color uniform shirts to all games so we don't have color conflict (If you only have one color and there is a conflict we will provide pinnies).
11. Referee Fee's will be paid by each team. Before every game each coach will pay ref \$14 each.